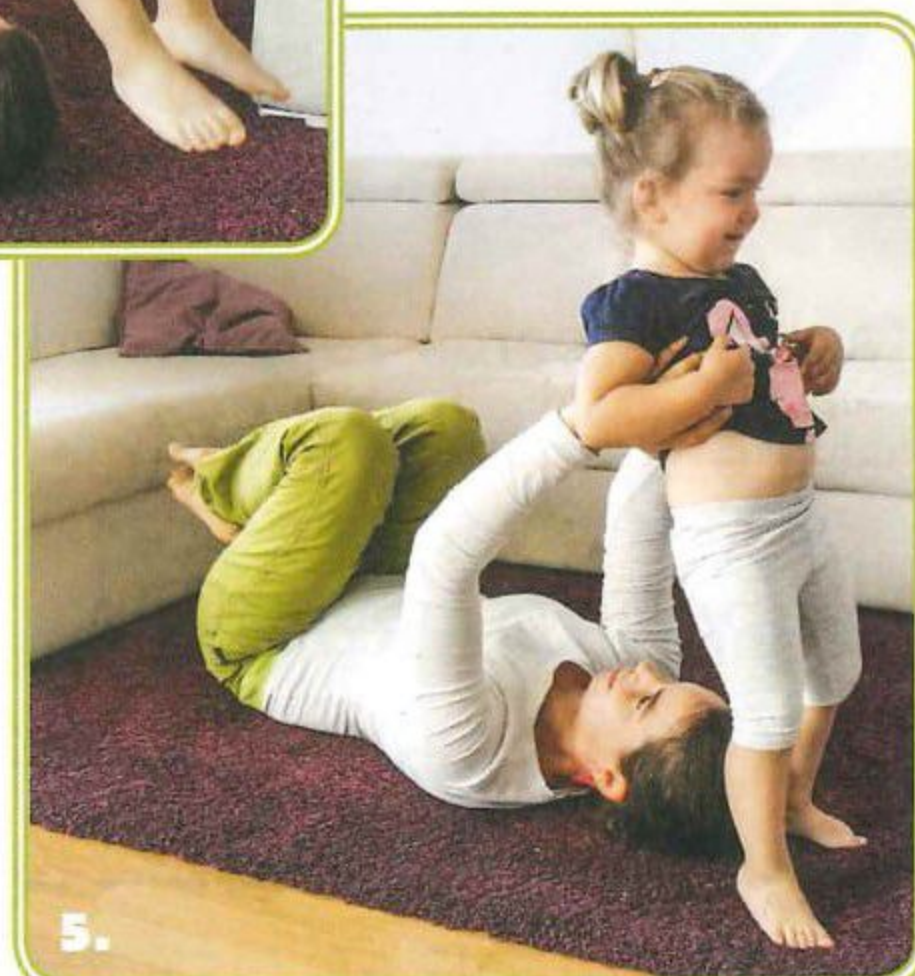
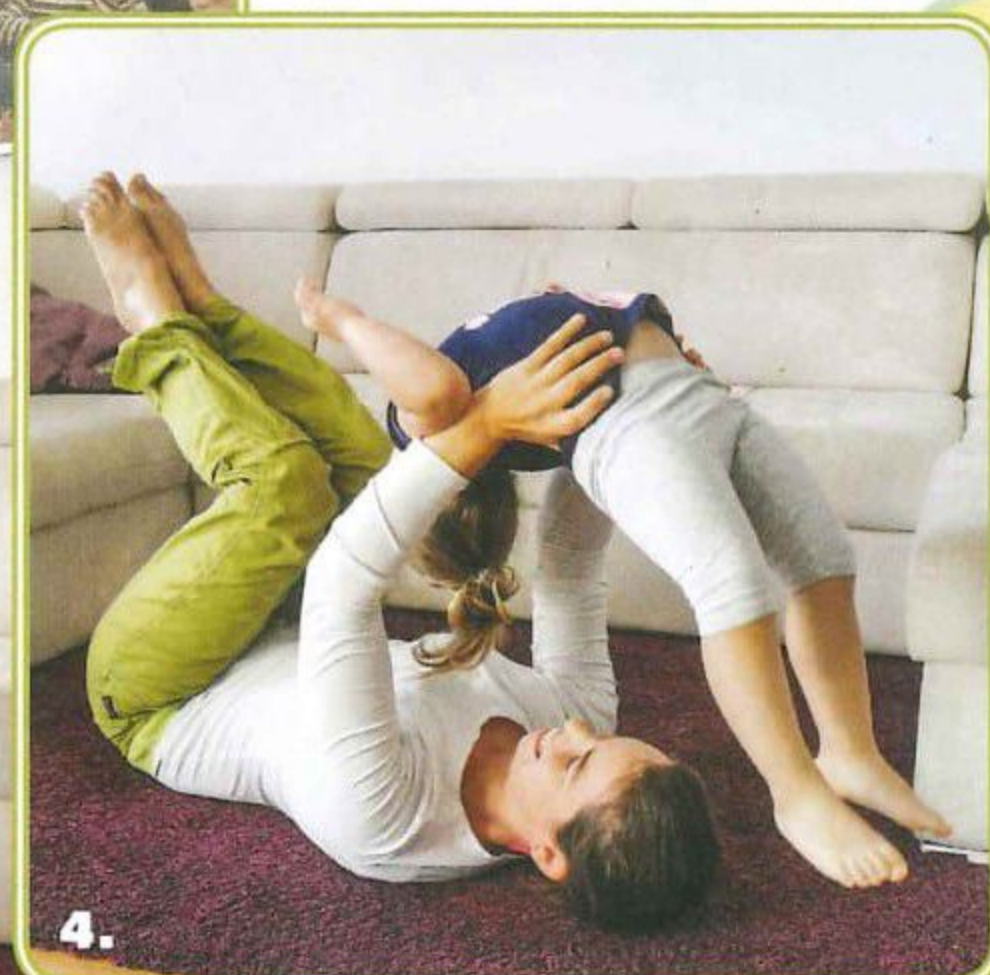
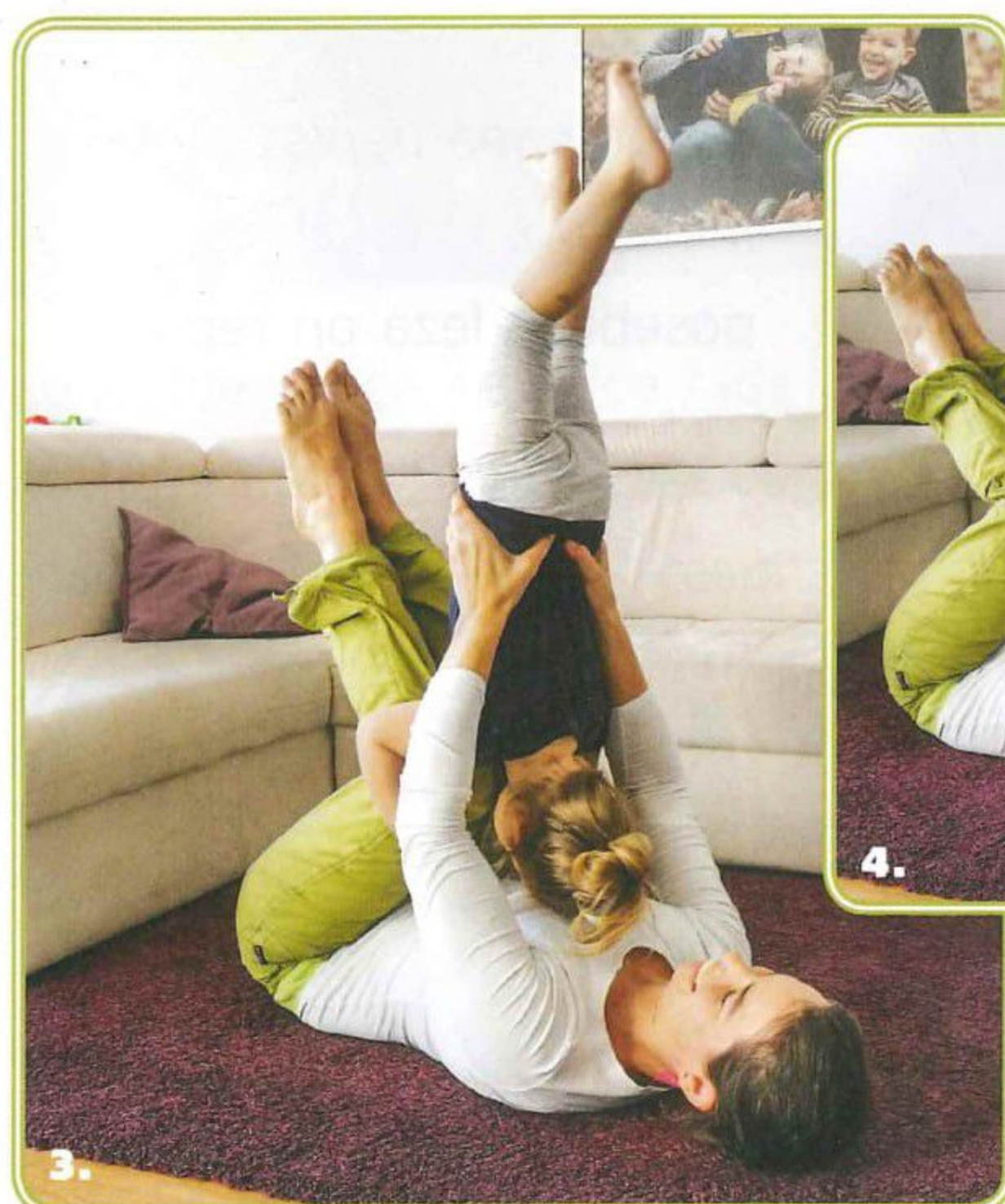
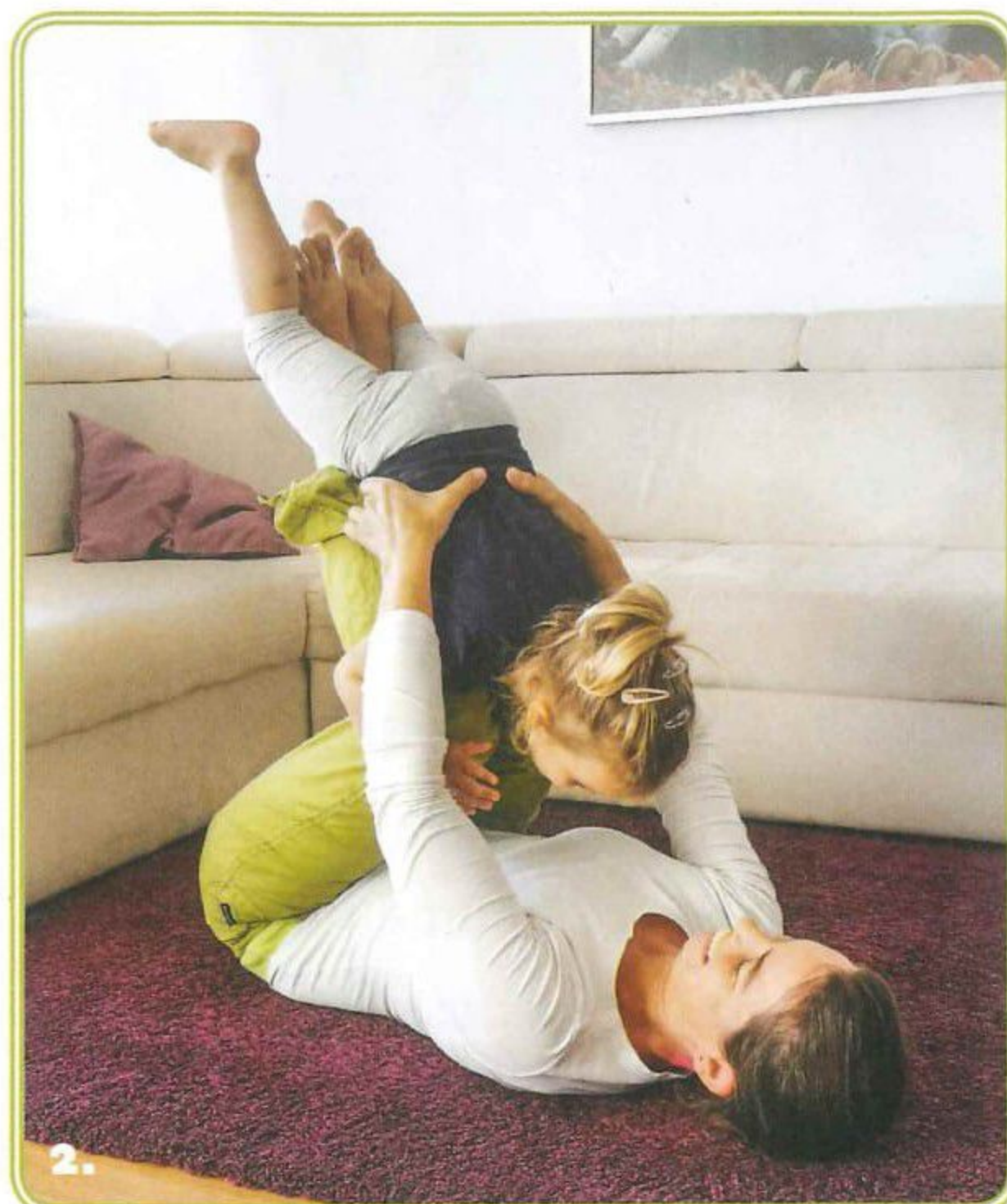
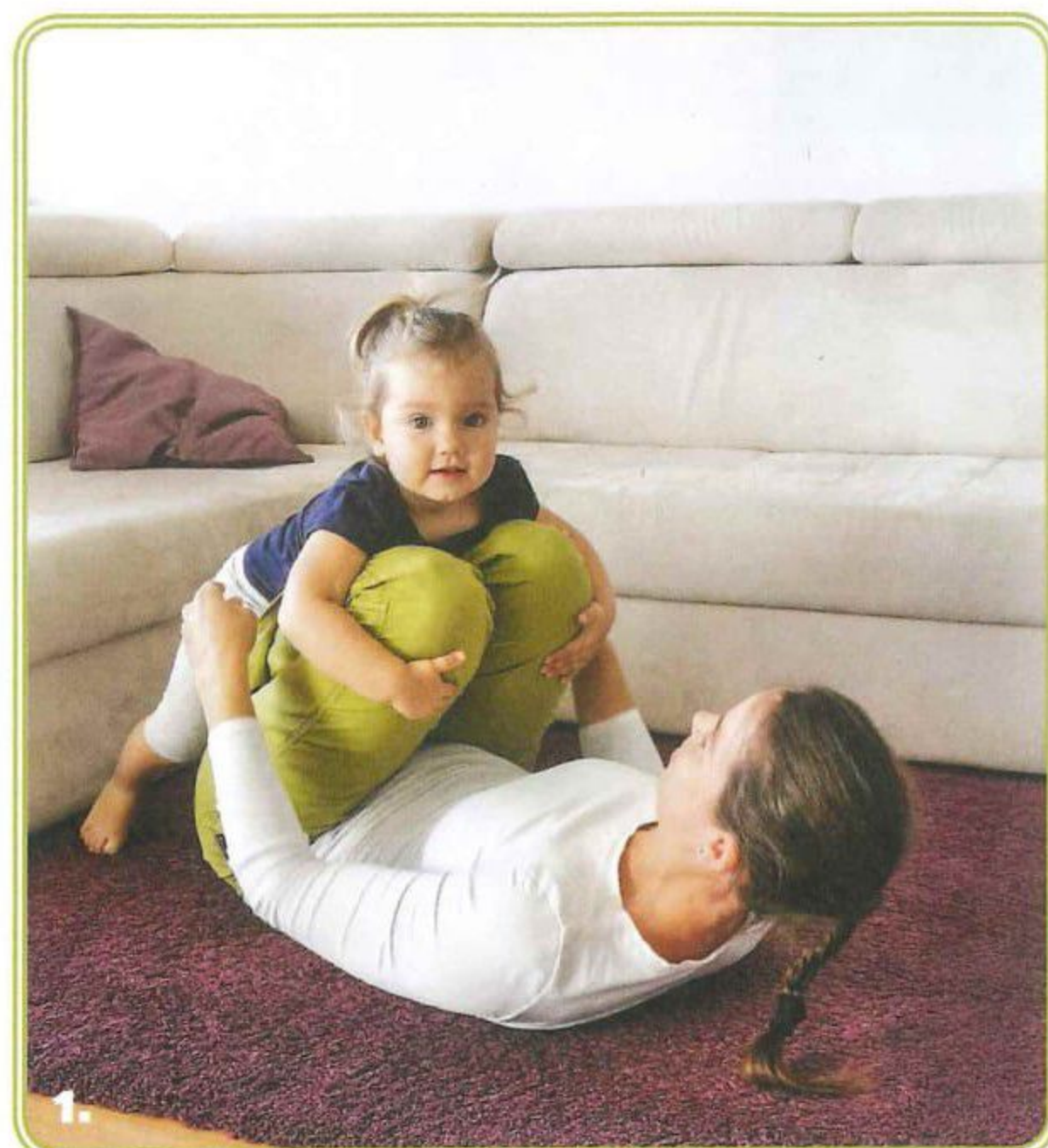


IGRAJVA SE

MAMICA, BOVA TELOVADILI?

NAREDIVA MAVRICO.

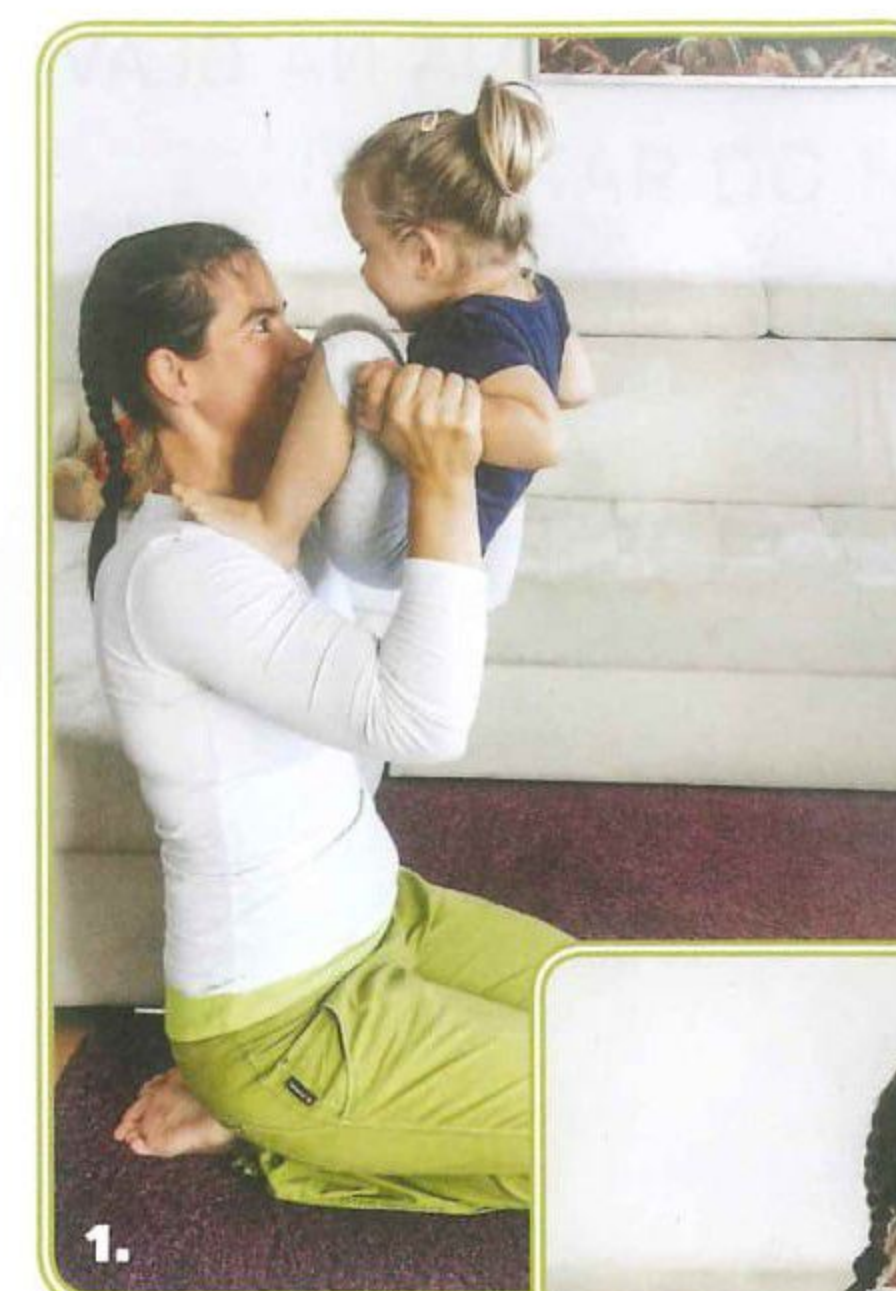
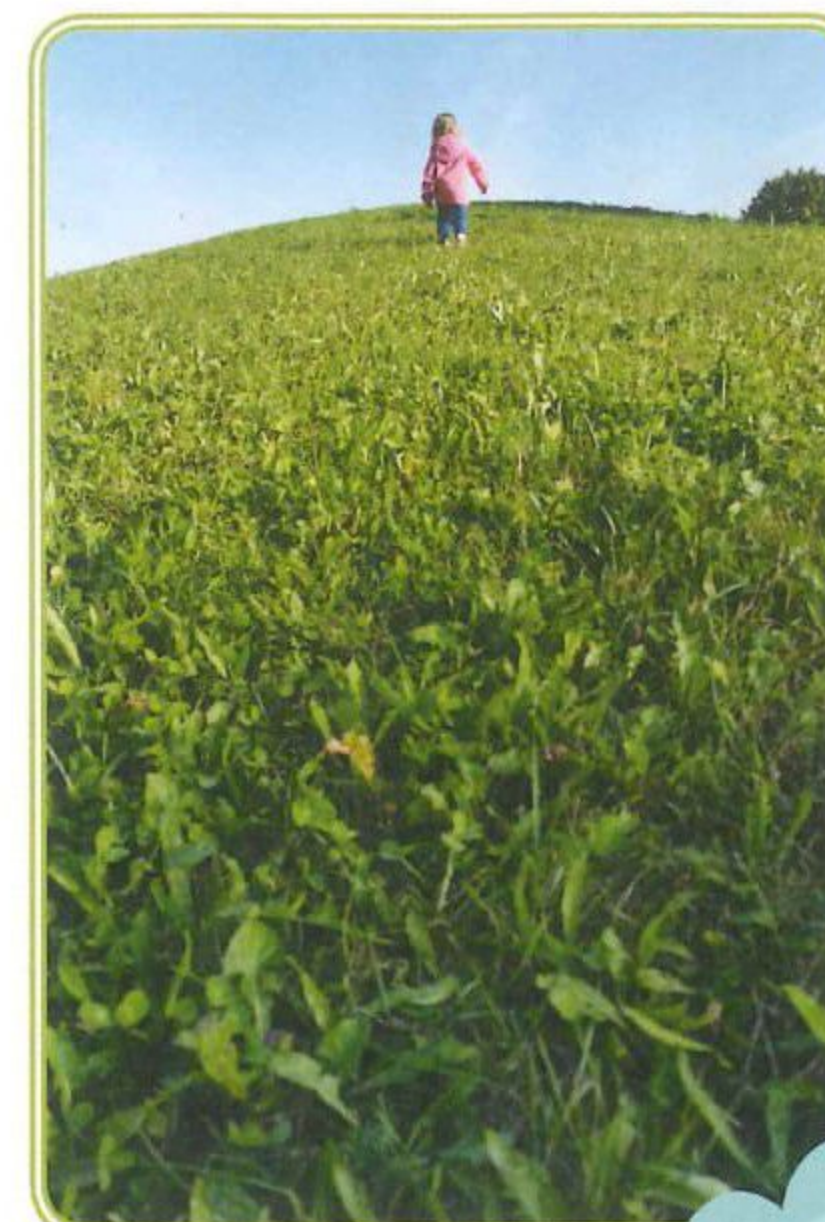


Otroka v mavrici z nogami nekoliko odrinemo, da si olajšamo prenos teže na noge.

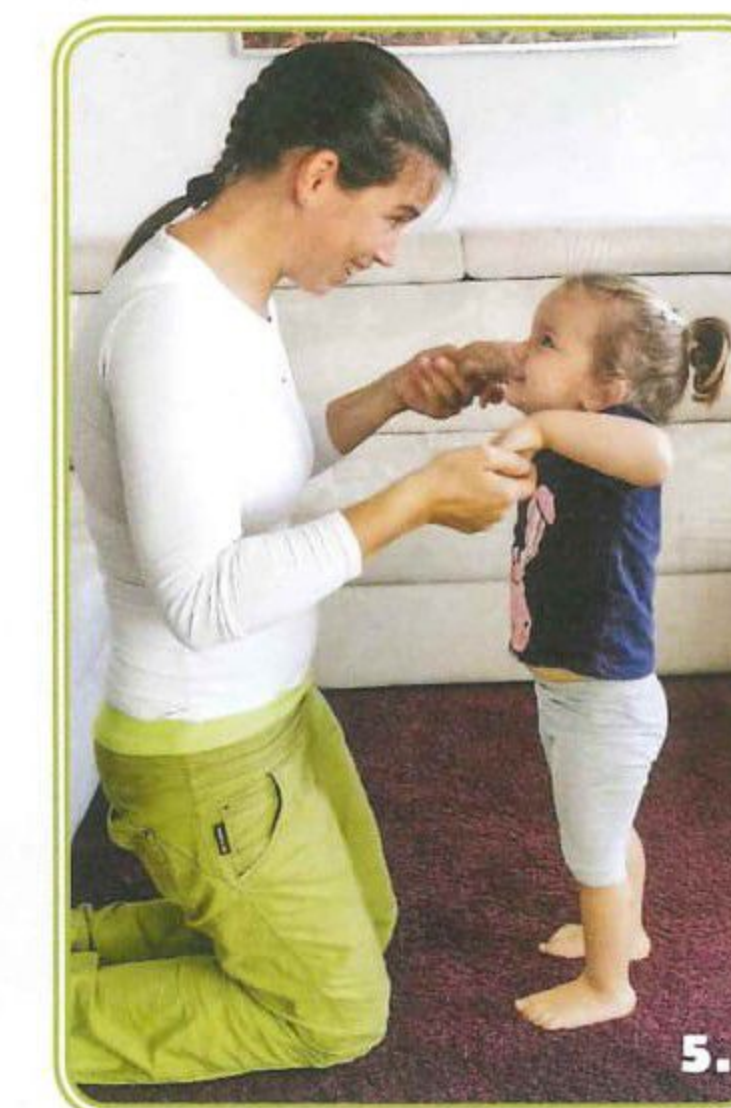
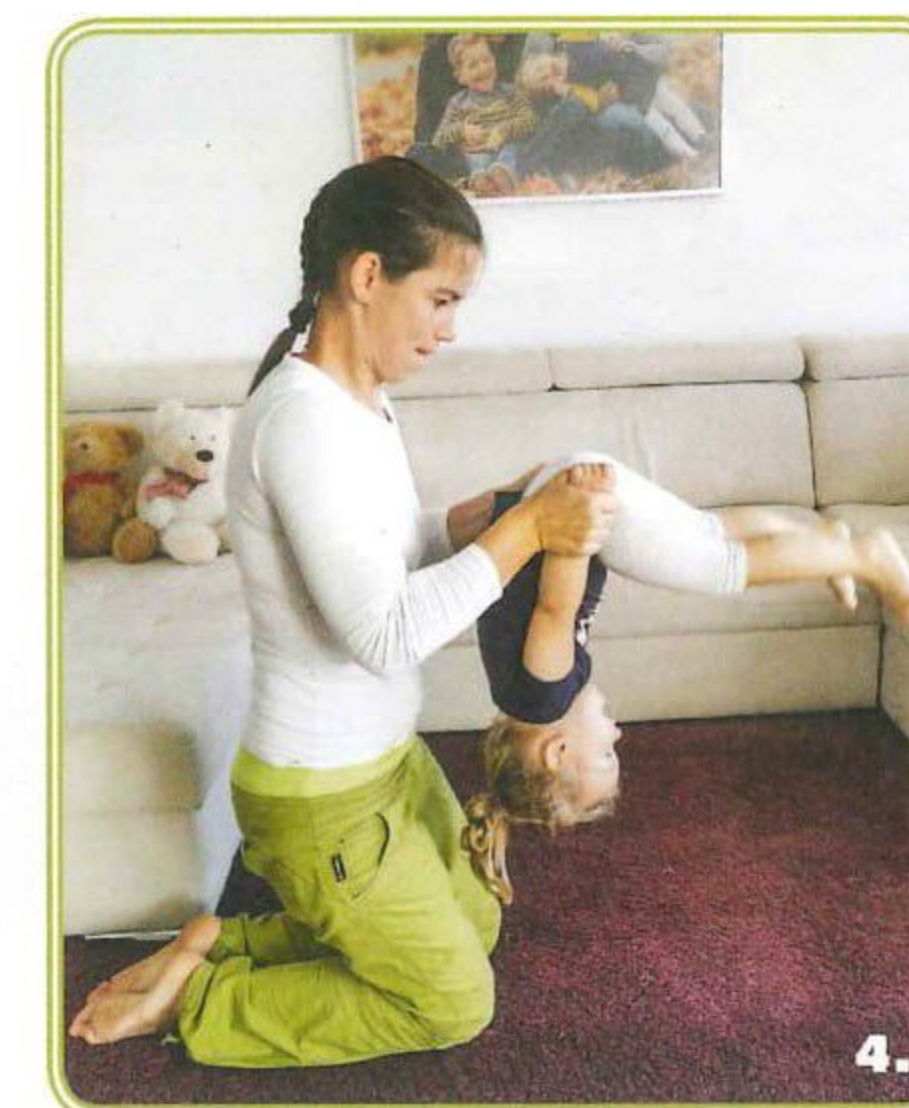
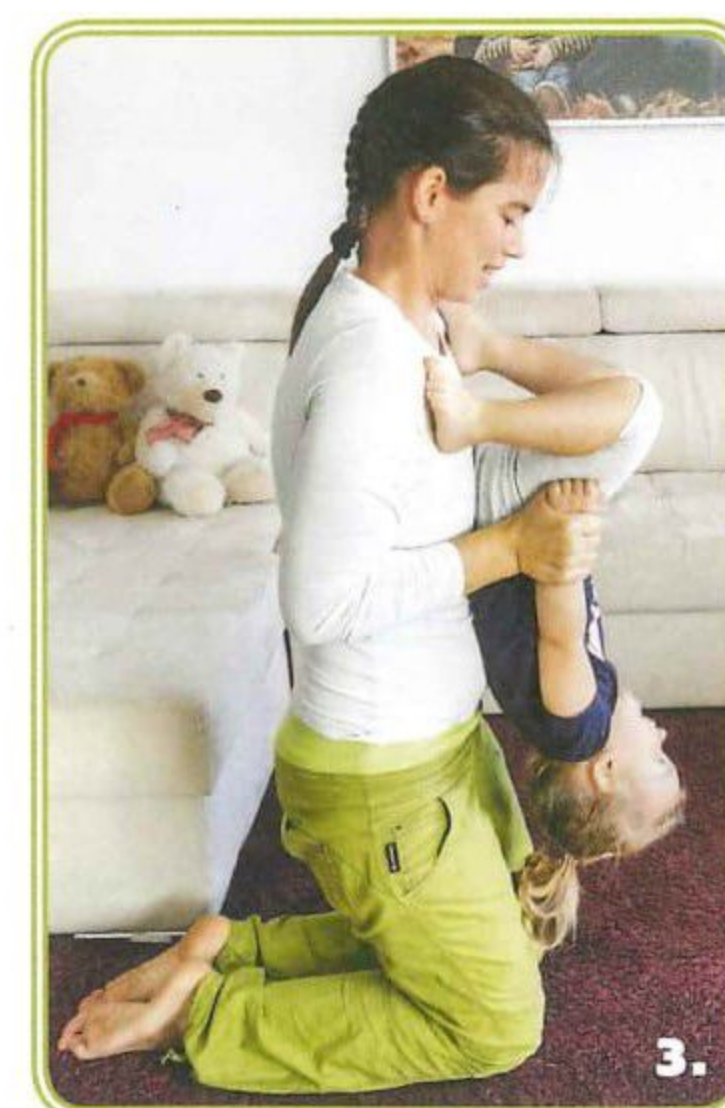


Cici Veselo šolo podpira Abanka.

SE SPOMNIŠ, KAKO
SVA POLETI TEKLI
PO HRIBU?



... VETER ME
ODPIHNE DOL.

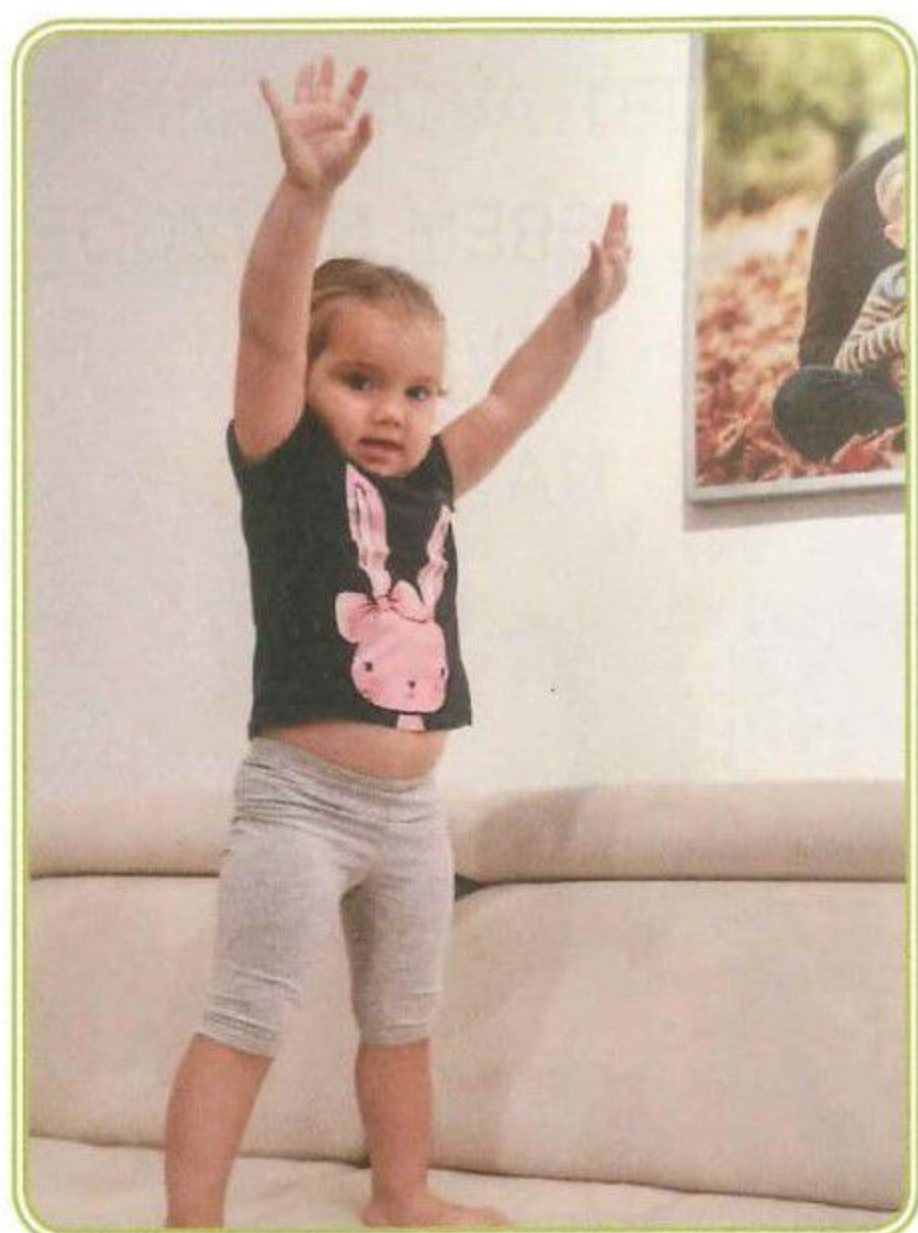


POSKUSIVA
ŠE DOMA!

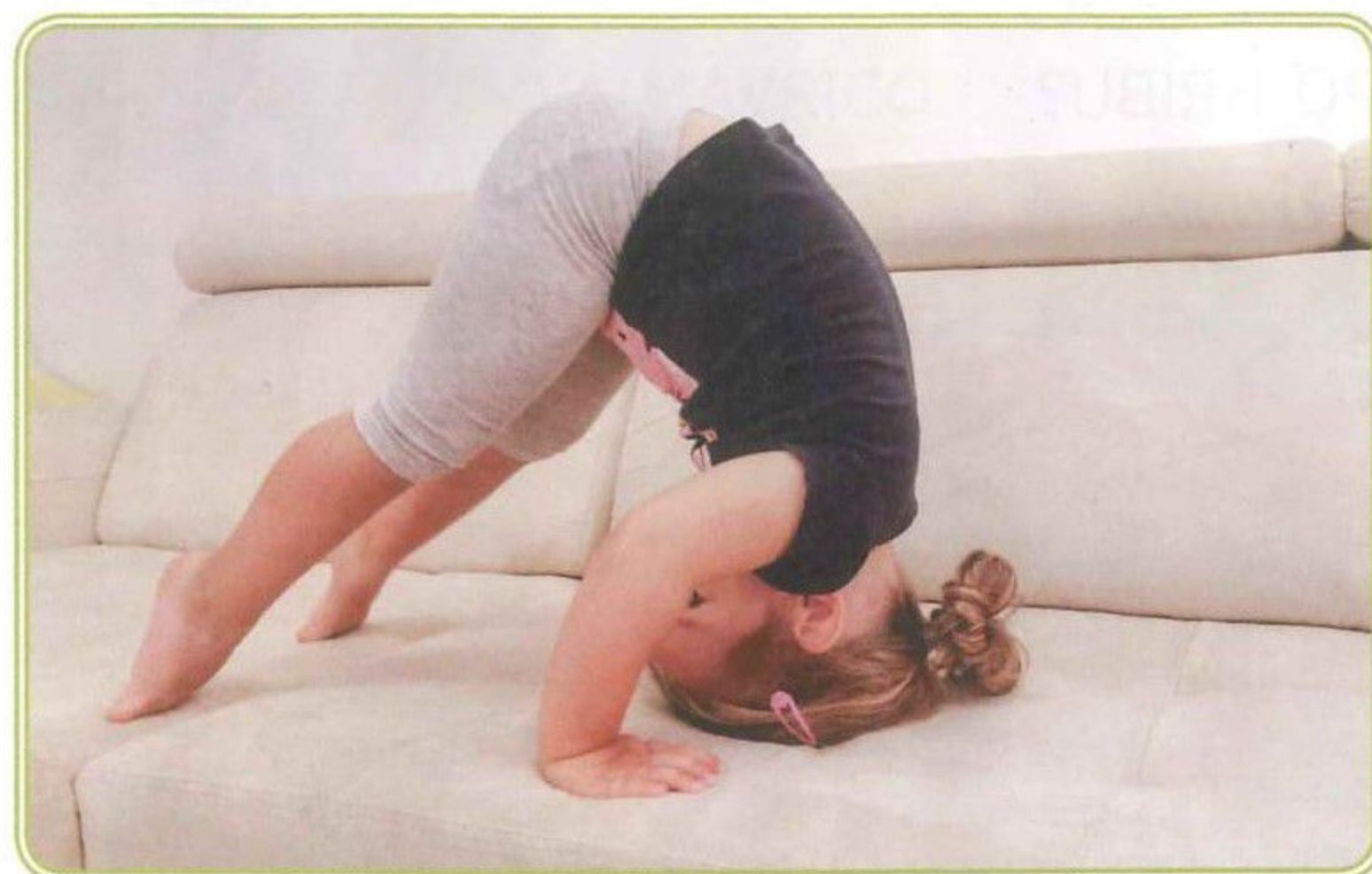
GREM NAVZGOR,
NAVZGOR,
NAVZGOR ...

Pri prevalu nazaj bodite pozorni, da v položaju, ko je otrok obrnjen z glavo navzdol, z dlanmi stisnete njegove boke in s tem upočasnite vrtenje otroka.

MAMI, POGLEJ!



STOJA NA GLAVI.

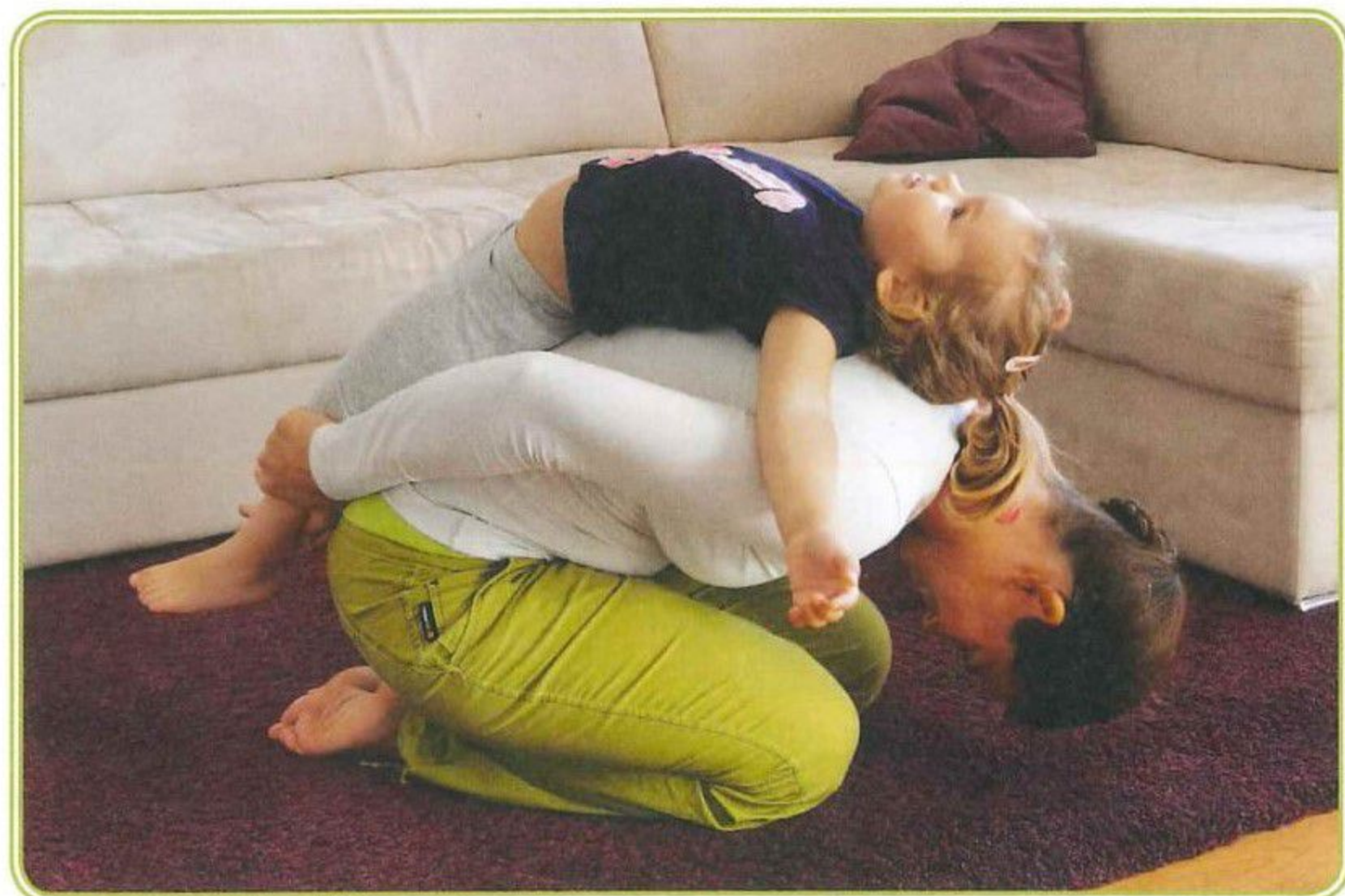


MAMI, POJDI ZDAJ POD MOJIM MOSTOM!

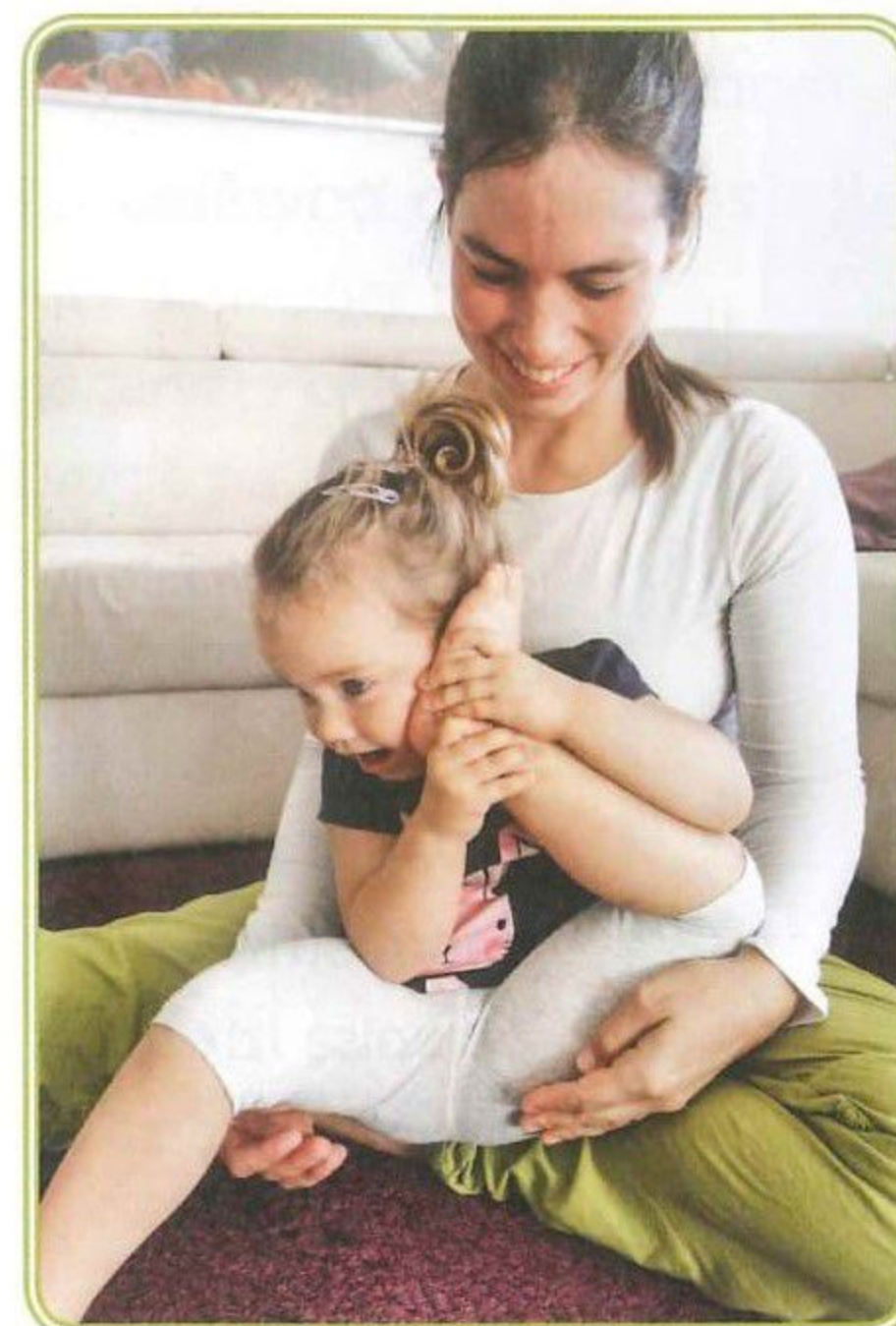


JULIJA, ČAS ZA
MALO POČITKA.

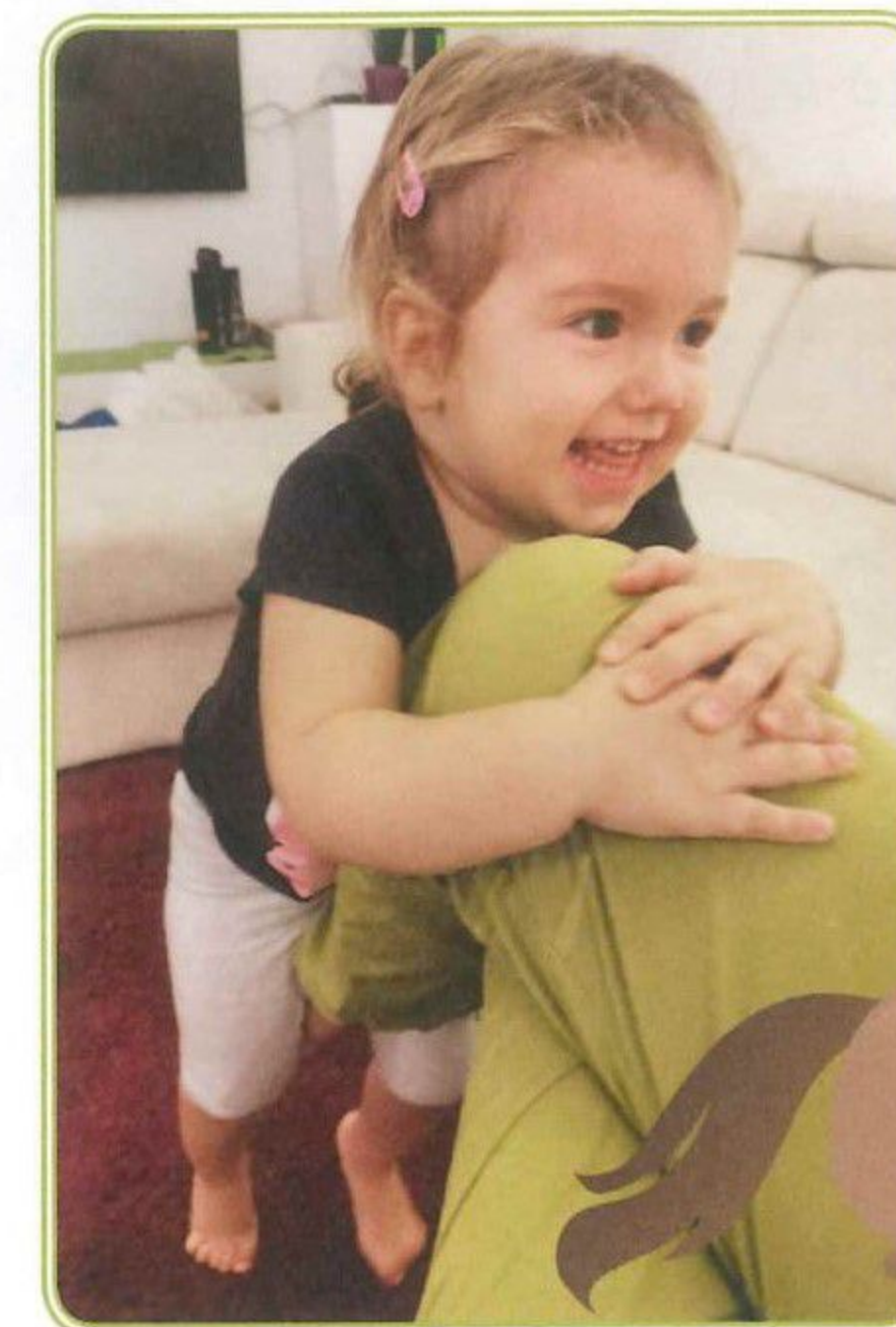
Pri stoji na glavi bodite pozorni, da se otrok ne prekucne naprej. Če pa želi narediti preval, mu pomagajte pred tem globoko spodviti glavo.



POKLICALA BOM BABI.
NE OGLASI SE.



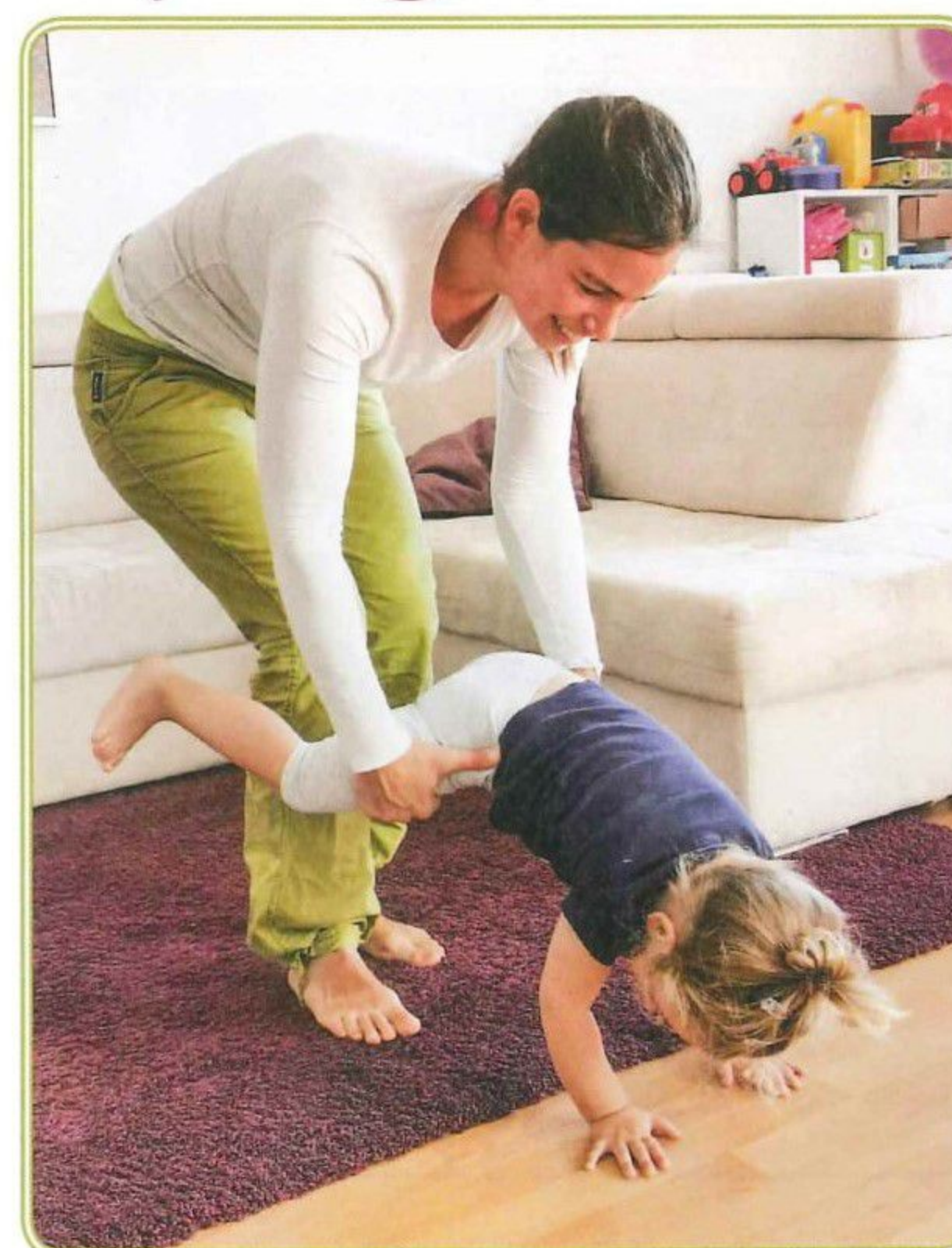
GREM PA KAR DO NJE.



NAJPREJ
S KONJIČKOM.
HI, KONJIČEK, HI!



ZDAJ PA ŠE S SAMOKOLNICO. PA PA.



Priporočljivo je, da otroke, ki imajo slabše razvito moč trupa in ramenskega obroča, pri hoji v samokolnici držimo za stegna. Ko pa pridobijo moč, lahko prijem približujemo gležnjem. Hrbet med hojo ne sme biti uleknjen.